



WCS Masters September 5–6, 2026, Driewegen, Netherlands

Competition Format

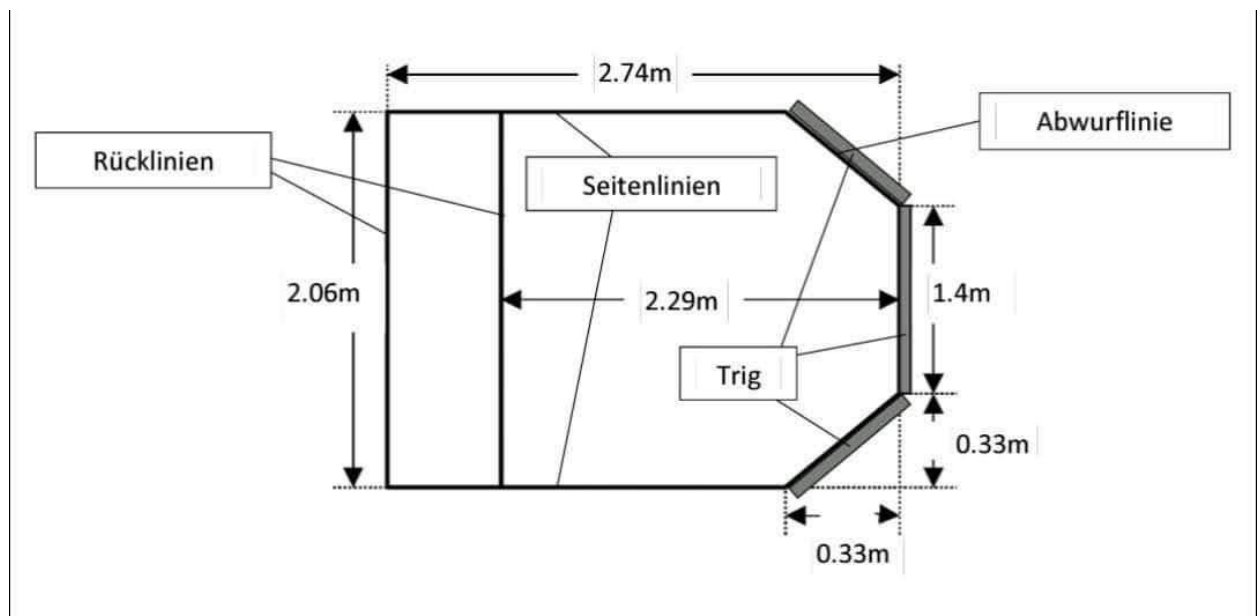
World Masters Championship

September 5–6, 2026

Distance events are judged within a marked sector

- The marked lines represent the boundaries. Throws must land within these lines; measurements are taken within the line, not on and beyond it.
- In all events that involve throwing both a light and a heavy weight, the light weight is always thrown first.
- Athletes who are not throwing must line up behind the barriers at the referee's signal.
- Lines are marked at the Trig to ensure fairness. The athlete must start and finish with both feet inside the Trih. A throw is invalid if one or both feet are on or over the marked line.
- Distances are measured from the center on the inside of the Trig to the board side.

Design of the Trig. Lines are not to scale but represent relevant dimensions.





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- 1) Rotation is allowed in all high-throw competitions.
- 2) The competition lasts two days for all athletes.
- 3) The field is divided as follows:
 - Caber; Field 1
 - Hammers; fields 2 and 3
 - Sheaf; fields 4 and 5
 - WOB; fields 6 and 7
 - WFD; fields 8 and 9
 - Stones; fields 10 and 11



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4) The competition is divided into two start times as shown below.

PLAYERS CATEGORIES	
20 CATEGORIES DIVIDED INTO 18 GROUPS	
MORNING GROUP REPORT TIME	AFTERNOON GROUP REPORT TIME
Saterdag 8:30 AM	Saterdag 12:30
Sunday 8:00 AM	Sunday 11:30
1	2
3	4
5	6
7	8
9	10
11	12
13	14
15	16
17	18



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- Saturday: The morning group should report to the field at 8:30 a.m. The match starts at 9:30 a.m. The afternoon group should report to the field at 12:30 p.m. The match starts at 13:30 p.m.
- Sunday: The morning group reports to the field at 8:00 a.m. The match starts at 9:00 a.m. The afternoon group reports to the field at 11:30 p.m. The match starts at 12:30 p.m.

GROUPS	GENDER	AGE
1	M	40–44
2	M	45–49
3	M	50–54
4	M	55–59
5	M	60–64
6	M	65–70
7	M	70–80
8	W	40–44
9	W	45–49
10	W	50–54
11	W	55–59
12	W	60–64
13	W	65–70
14	M L.W.	40–44
15	M L.W.	45–49
16	M L.W.	50+
17	W L.W.	40–49
18	W L.W.	50+



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5) The competition schedule and rotation will be clearly communicated and announced via email, social media, during dinner the night before, and via a list posted in the tent on the day of the event. Start times will also be announced during the athletes' meeting prior to the competition.

SATURDAY MORNING GROUPS, COMPETITIONS START AT 9:30 A.M.												
DISCIPLINE	HAMMER		WFD		STONE		WOB		SHEAF		CABER	
FIELDS	2	3	8	9	10	11	6	7	4	5	1	
GROUP	1	13	3	11	5		7	9	15			17
GROUP	3	11	5		1	13		17	7	9	15	
GROUP	5		1	13	3	11	15			17	7	9
SATURDAY AFTERNOON GROUPS, COMPETITIONS START AT 13:30												
DISCIPLINE	HAMMER		WFD		STONE		WOB		SHEAF		CABER	
FIELDS	2	3	8	9	10	11	6	7	4	5	1	
GROUP	2	18	4	12	6		8	14		16	10	
GROUP	4	12	6		2	18	10		8	14		16
GROUP	6		2	18	4	12		16	10		8	14
SUNDAY MORNING GROUPS, COMPETITIONS START AT 9:00 A.M.												
DISCIPLINE	HAMMER		WFD		STONE		WOB		SHEAF		CABER	
FIELDS	2	3	8	9	10	11	6	7	4	5	1	
GROUP	7	9	15	17			1	13	3	11	5	
GROUP	15	17			7	9	5		1	13	3	11
GROUP			7	9	15	17	3	11	5		1	13
SUNDAY AFTERNOON GROUPS, COMPETITIONS START AT 12:30												
DISCIPLINE	HAMMER		WFD		STONE		WOB		SHEAF		CABER	
FIELDS	2	3	8	9	10	11	6	7	4	5	1	
GROUP	8	14	10			16	2	18	4		6	12
GROUP		16	8	14	10		6	12	2	18	4	
GROUP	10			16	8	14	4		6	12	2	18

Athletes who arrive late will be allowed to participate but will not be permitted to take any additional throws.



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6) Once the competition begins, there will be no more than 10 minutes between each event, counting from the moment the last throw of the previous event is completed.

- Each referee has a stopwatch that starts running when the referee announces 10 minutes before the next match.
- Any thrower who misses their turn (is not present) when the competition begins after the jury has started will be assigned a foul throw(s).
- If there is an emergency requiring extra time, this may be permitted at the jury's discretion (e.g., medical assistance or similar).
- Athletes in the morning session will be served lunch after their events, which should be around 11:30–12:00.
- Athletes in the afternoon session, a meal will be available for these athletes. This will take place around 1700–18:00 PM.

7) There is a single secretariat where all completed score sheets are collected and processed.

- Athletes are not allowed to enter the secretariat while scores are being processed/calculated.
- Athletes may ask the sports director or referee for an update on the standings when reasonable.

8) An assistant sports director will be present and will move between the playing fields.

- He or she is responsible for making quick repairs to equipment and assisting groups with the rotation process. They report to the sports director in the event of conflicts, potential issues with the event's proceedings, or serious equipment malfunctions.

9) There are no severe "disruptive" activities once the competition has started. However, there will be a "Kilt and Strong" competition featuring locals near the Village House. There will also be some music playing there, just like in the "party tent."



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10) Opening heights:

- **The starting heights of each group are determined by the SAI and are not subject to the discretion of the jury or the athlete.**

11) Caber

- The Caber for each group is determined in advance by the jury and the assistant sports director on Field 1.
 1. The Caber must be a challenge for everyone, but not unreasonable.
 2. If, after the 1st round the jury determines that the Caber is too easy, the jury/assistant sports director may assign a more difficult Caber to the group for rounds 2 and 3.
 3. If, after the 1st round the jury determines that the Caber is too difficult, the jury/assistant sports director may assign a more easier Caber to the group for rounds 2 and 3.
 4. The caber is thrown in one direction (from left to right) and is returned to the starting position after the throw
- The scores from round 1 count only for breaking a tie.

12) Equipment: weights, stones, hammers, cabers

- All equipment is provided by the organization.
- All equipment will be measured, if applicable, to ensure the correct length and weight.
- All stones are provided by the organization.
- All sheaves are provided by the organization.

13) Stations—Components

- Field 1 consists of: 2x Cabers
- Fields 2 and 3 consist of: 2x hammers
- Fields 4 and 5 consist of: 2x Sheaf
- Fields 6 and 7 consist of: 2x WOB.
- Fields 8 and 9 consist of: 2x WFD
- Fields 10 and 11 consist of: 2x Stones



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14) Judges

- There must be one judge plus one field measurer and a scorekeeper at each station for each distance event. Athletes are not allowed to measure their own throws during the competition.

15) World records

- When a world record may have been set, it is verified using a second (steel) measuring tape. This measuring tape is available at the secretariat in the tent where scores are processed and, if necessary, is retrieved by the sports director, who will then take the measurement to validate the world record.

Field lay-out

